

## The Tyrrhenian Coast by hybrid bike: from Pisa to the Island of Elba - 2/3 star hotel version

8 days / 7 nights

A comfortable circuit in 2 and 3 star hotels, starting in Pisa, passing by Volterra and the Tuscan coast to Piombino from where you will take the ferry to the island of Elba; a little island of paradise situated between Italy and Corsica.

You will get to enjoy the best scenery that Tuscany has to offer, from the classic Tuscan hills around Volterra, to the Mediterranean landscapes on Elba.

[Prepare your trip](#)

### YOUR PROGRAM

#### Day 1 - Arrive in Italy

Your holiday begins when you check into your hotel in the afternoon.

We suggest you spend your free time enjoying the sights of Pisa, including the Piazza del Campo and the leaning tower.

Night in the centre of Pisa.



#### Day 2 - Volterra

You'll have a short transfer today to take you out of Pisa before starting your cycle ride.

Option A :

The first part of this hilly ride takes you on some pretty little roads between cypress trees, olive groves and beautiful villas. Picture perfect Tuscan countryside will unfold before your eyes. For the last 8km you will climb up to Volterra.

Roughly 30km with 710m+.

Option B :

We will drop you off a little earlier, so that you can enjoy an extra 15km in the saddle passing through some really beautiful villages. You will then join the Option A route for the rest of your day.

Roughly 45km with 900m+

Night in the superb medieval city of Volterra, perched at 500m altitude, surrounded by ramparts and dominated by a fortress which offers 360 degree views over the surrounding countryside.



### Day 3 - Marina di Castagneto

For the third day, we propose a unique route. Leave Volterra with a long descent of approximately 10km, taking you through fields and on small back roads through villages. The road will then take you towards the coast with views of the sea as you pass through olive groves and cypress trees.

Approximately 55km for 340m+ and 863m-.

Night in a hotel facing the sea in Marina di Castagneto, a small port popular with tourists during the summer. The large sandy beach and crystal clear waters will be a tempting stop for any hot cyclist!



#### Day 4 - Piombino

Last day on the mainland, heading south!

##### Option A :

This is a nice easy day's ride along the coast until Piombino, where you will stay for the night. If you arrive early, you have the opportunity to visit the town or make the most of the private beach at the hotel.

Approximately: 30km with 150m+

##### Option B : (our favourite)

Head inland in the direction of Castagneto village. The route climbs for about 10km offering quiet roads through beautiful villages. You'll then get to enjoy a long and winding descent towards the village of Suvereto. You'll then finish the day with approximately 20km along the flat.

Approximately 55km for 500m+

Night in Piombino, a small industrial town with an unexpected charming old town at its centre. Your hotel is close to the centre and next to the sea. The hotel has its own private beach and a stunning view across the sea towards Elba.



### **Day 5 - The island of Elba**

From here, you'll take the ferry from the port for a one hour crossing to Portoferraio on Elba.

#### **Option A :**

You have the choice to take a short route to take you to your hotel so that you can enjoy the surroundings. You have a gentle climb for 3km before descending gently to the Marina.

Approximately 15km with 150m+

#### **Option B :**

You have the choice of taking a tour around Monte Capanne (1019m) by the coast. This is a hilly route, but with rich landscapes and superb views across to the island of Corsica. The route takes you through numerous little ports with turquoise waters - it'll be hard not to stop at every opportunity!

Approximately 50km with 900m+

Night in Campo nell Elba, a small port in the south of the island, with white sand and turquoise waters. An ideal place for recuperating after your day on the bike and simply enjoy being on holiday.



#### **Day 6 - A cycle loop in the heart of the island**

Given that Campo Nell Elba (or Marina di Campo) is a calm place and perfect for feeling on holiday, you will spend an extra night here.

It gives you the opportunity to either have a lazy day wandering around the little streets or sunbathing on the beach. For those who want to get back on their bikes, we can propose a really beautiful circuit at the centre of the island.

#### **Loop:**

Take the direction of Monte Capanne to climb for roughly 10km. The climb offers numerous view points to enjoy looking back on the gulf of Campo Nell Elba and also the heart of the island. You're then rewarded with a superb descent along the north coast until arriving in Marciana Marina with its pretty port. You'll then follow along the coast before heading back across the island to your hotel.

Approximately 32km with 770m+.

Night in Campo Nell Elba.





### **Day 7 - Portoferraio**

#### Option A :

You'll head east with a slight climb for 3km before descending to the Marine de Lacona. You'll then veer to the north towards Portoferraio, where the road is relatively flat.

Approximately 25km with 350m+

#### Option B (our preference):

You head towards the east of the island on an undulating road. At Porto Azzurro, you will start to climb, easily to start with, then more and more steeply for the last 3km. At the summit, the view towards the south coast and Porto Azzurro is superb.

Following the climb, you'll be rewarded with views over the Gulf of Portoferraio and the town. You'll get to enjoy an excellent descent on a very windy road (with excellent tarmac). Continue along the Gulf before arriving in the town.

Approximately 45km with 750m+

Night in Portoferraio in a hotel close to the citadel and the beach.



### Day 8 - The end

After breakfast, you will take the ferry back to Piombino (1 hour crossing). You can return to Pisa on the train in 1h30 (costing approximately 7 euros) or be transferred by car (ask us for rates).



## Additional information

### TARIFFS

Price from 1100 euros per person.

### OPTIONS

Electric bike rental (delivery and repatriation included) : 285 euros per person.

Hybrid bike rental (delivery and repatriation included) : 160 euros per person.

Single room supplement : 250 euros per person.

Supplement July : 110 euros per person.

GPS tracks on USB stick : 25 euros per person.

### INCLUDED

The luggage transfers; 7 nights in hotels (bed and breakfast); the ferry tickets to and from the island of Elba; the private transfer from Piombino to Pisa at the end of the tour; route notes and maps; local assistance reachable by phone 7 days per week 8am - 8pm.

### NOT INCLUDED

Transfers not written into the programme; personal travel insurance; drinks; bike hire; meals (except breakfast); tourist site visits; optional activities; personal expenditure.

#### **LEVEL OF DIFFICULTY**

Accessible to all those who enjoy cycling and are comfortable in cycling 55km in a day, with some hills.

#### **CARRYING**

Your luggage will be transferred on a daily basis to your next hotel. You just need to carry what you need for the day (camera, wallet, picnic etc).

#### **ACCOMMODATION**

7 nights in 2 star hotels, in double room.

#### **SIZE OF GROUP**

From 2 people

#### **DEPARTURES**

Every day from March to October, EXCEPT August.

#### **DEPARTURE**

At your hotel in Pisa.

#### **DISPERSION**

On day 8 after your ferry crossing back to Piombino. Returning to Pisa possible by private vehicle included.

#### **HOW TO GET THERE**

-By plane: Galileo-Galilei airport in Pisa. Flights and timetables are available at [www.pisa-airport.com](http://www.pisa-airport.com).

-By train: fares and timetables are available at [www.railkey.com](http://www.railkey.com) or [www.railpass.com](http://www.railpass.com).