

## Ride the Eroica among world famous vineyards

7 days / 6 nights

Follow the route of the world renowned vintage bike race, the Eroica, passing through Tuscan hilltop towns, villages, vineyards and olive groves. A classic ride in classic Italian countryside, in the Tuscan region of Chianti. Follow the route of this legendary race, experiencing the "Strade Bianche" (unpaved white roads) that take you through the heart of this magnificent countryside. This is a must for all fans of cycling and all lovers of Italian countryside, food and wine. A perfect combination!

[Prepare your trip](#)

### YOUR PROGRAM

#### Day 1 - Sienna

Arrive in the superb city of Sienna and get settled into your hotel. This is an excellent opportunity to discover one of the most beautiful towns in the whole of Tuscany.



#### Day 2 - Sienna to Buonconvento

This is a wonderful first day's ride, immediately launching you into the typically beautiful rolling countryside of the Chianti region of Tuscany. After a relatively easy ride, you will arrive in one of the most reputed wine growing areas in the whole of Tuscany.

Night in a wonderful agriturismo with swimming pool. Excellent food made from local products and their own olive oil.

Distance: Approximately 40km.



### Day 3 - Montalcino and the local "Brunello"

Today you are free to ride a loop which will take you to Montalcino, the point at which the Eroica culminates with an altitude of 600m. It is a pretty hill top town, with a fortress.

It is a difficult but rewarding stage. Rewarded perhaps by trying the "Brunello di Montalcino" one of Italy's most famous wines.

You will return back to the same agriturismo, to enjoy the pool and the delicious food.

Approximately 60km.



### Day 4 - Buonconvento to Castelnuovo

This day will lead you to the village of Asciano through completely different landscapes from those previously encountered via the famous "Strade Bianche". During this ride you will discover some monuments such as the Santa Maria Abbey of Monte Oliveto Maggiore or the church of Saint Agathe. The ride is a series of small climbs and descents with some steep gradients. You will continue your way to the village of Castelnuovo Berardenga. Your stop for the night will be in a small village nestled in the heart of the vineyards.

Environ 46 km.



#### **Day 5 - Castelnuovo to Radda in Chianti**

Today you will head north in the direction of Radda in Chianti, perched at more than 500m in altitude. You will need to accomplish several climbs in order to reach today's goal. But you will certainly not regret it once you have arrived, as Radda in Chianti has to be one of the most magnificent fortified villages which has been inhabited since the 9th century. This is picture postcard countryside rich in vineyards and olive groves.

Distance: approximately 35km.



#### **Day 6 - Radda in Chianti to Siena**

This last day's riding is superb, alternating between tiny roads and the "strade bianche". The terrain is easier to ride than on the other days but the scenery still remains magnificent.

Once more you can enjoy all of the riches that Siena has to offer you

Distance: Approximately 40km.



### **Day 7 - End of your holiday**

Your holiday ends after breakfast in Sienna. Contact us should you wish to extend your itinerary.

## Additional information

### **TARIFFS**

Price from 1120 euros per person.

### **OPTIONS**

Bike hire (leisure bike or mountain bike) including delivery and rapatriation : 180 euros per person.

Bike hire (electric bike or road bike) including delivery and rapatriation : 250 euros per person.

Single room : 235 euros per person.

July/August supplement : 30 euros per person.

GPS tracks on USB stick : 25 euros per person.

### **INCLUDED**

All nights in agriturismos or hotels (double rooms), all breakfasts, route notes and maps, luggage transfers between each stage.

### **NOT INCLUDED**

Transport options before the trip commences and after the trip finishes, transfers not provided or foreseen in the programme, insurance, drinks or meals, the bicycles and any repairs needed, travel insurance, optional site visits, personal expenses.

### **LEVEL OF DIFFICULTY**

A discovery route, open to all including leisurely cyclists. Distances between 35 and 60km.

### **CARRYING**

Your luggage will be transferred daily so that you only need to ride with the bare minimum (camera, water, etc)

### **ACCOMMODATION**

Nights in agriturismos or comfortable hotels along the Eroica route. Some of the accommodations have a swimming pool.

#### **SIZE OF GROUP**

From two persons

#### **DEPARTURES**

Starts any day from April to October.

#### **DEPARTURE**

Start at your first hotel in Sienna

#### **DISPERSION**

On day 7, after your breakfast in Sienna

#### **EQUIPMENT TO TAKE**

ADVISED MATERIAL TO TAKE WITH YOU (non-exhaustive checklist) :

As a good preparation is key to a successful stay, here are a few tips to ensure that your trip takes place in optimal conditions.

#### **BIKES**

In order that your stay does not turn into a mechanical training course, it's advisable to carry out a meticulous revision of your bike before going on a tour :

- the tyres are well inflated and in good condition
- cables and chain are in good condition
- the transmission elements are clean and oiled
- there are no leaks in the suspensions
- the wheels are well tightened
- the brakes are in good condition (wear + possible leaks)
- the headset has been checked

And don't forget that anomalies are easier to spot on a cleaned bike...

#### **REPAIR MATERIAL**

To avoid mechanical problems, it's better to be far-sighted and always carry the basic equipment of a biker:

- 2 inner tubes (puncture sealant is strongly recommended, or puncture sealant strips)
- a pump
- tire irons
- an inner tube repair kit consisting of patches and glue
- a multi-tool
- a small wrench
- a piece of tire

Also, you can prepare your own toolbox which we transfer with your luggage. You will put in it the following items :

- a brake cable (front and rear)
- a derailleur cable

- a tyre
- one derailleur hanger
- chain oil
- a rag

#### EQUIPMENT

As you can't judge a book by its cover, cycling slinky shorts won't help you to turn into a cycling champion. However, a minimum of specific bike equipment will be necessary in order to be comfortable :

- a helmet
- glasses
- suitable shoes (no smooth soles)
- a cycling short or short
- a breathable tee-shirt (try to avoid cotton)

#### DAY BACKPACK

Because it's unpleasant to ride with a too loaded backpack, it's better to think carefully about the necessary things to bring in the backpack for the day:

- a water bag and/or a flask and/or water cans on the bike (2L/day/person minimum)
- provisions (energy bars, dried fruits...)
- the basic repair material for your bike (see above)
- a windbreaker (waterproof)
- picnic
- a headlamp
- a knife
- sun cream (+ lip protection)
- toilet paper
- a first-aid kit (see below)
- your mobile phone + an external battery
- a rubbish bag

#### PICNIC

In order to avoid unnecessary waste at picnic time, remember to take with you :

- an airtight box (0.5L) with initials marked on the lid and on the box + wide elastics
- reusable cutlery (fork and pocketknife)

#### TRAVEL BAG

Your luggage is transferred during the day and you will find it every evening at your hotel. It is preferable that your travel bag contains the following items :

- a sleeping bag liner (stays in gîtes)
- a change of clothes
- a pair of light shoes for the evening
- a large jumper or fleece jacket

- a small toilet bag with a towel

#### FIRST-AID KIT

Concerning all our guided stays, the instructor has a first aid kit.

However, it is essential to bring your own first aid kit.

Here is a list of the minimum items to take with you:

- disinfectant
- gauze strips
- plaster
- protective cream for the buttocks
- your personal medicines
- micropur pastilles (water disinfectant)
- a survival blanket

A more complete first-aid kit should be formulated with your doctor.